

INVISIBLE EMBRACE

AN EXHIBITION BY CHRIS VAN NIEKERK

INTRODUCTION

The flowers displayed in this collection of works exhibit their magnificent power by bringing the healing nature of flower essences to our attention. These flowers and plants have their powerful physical effects explained by an amazing range of biochemical constituents. The artist explores how the more subtle attributes of especially flowers, as they live within their own physical forms, become reflections of how the human soul expresses itself in human bodies.

With this collection of works, artist Chris van Niekerk explores the vibrational energy of flower essences and its resonance with the human energy field. Flower essences are vibrational medicines and assist in the process of transformation of human consciousness and intrapersonal growth.

“Chris Van Niekerk succeeds in translating the ineffable nature of beauty, healing, and transformation into a magnificent display of exceptional excellence. With this exhibition, he enables the transpersonal dimension of human experience to point towards an invitation to embrace the invisible, and as such to evolve beyond the mundane, touching on the magical. A bridge between Art and Transpersonal Psychology is being formed”.

Marleen, De Villiers, Ph.D.

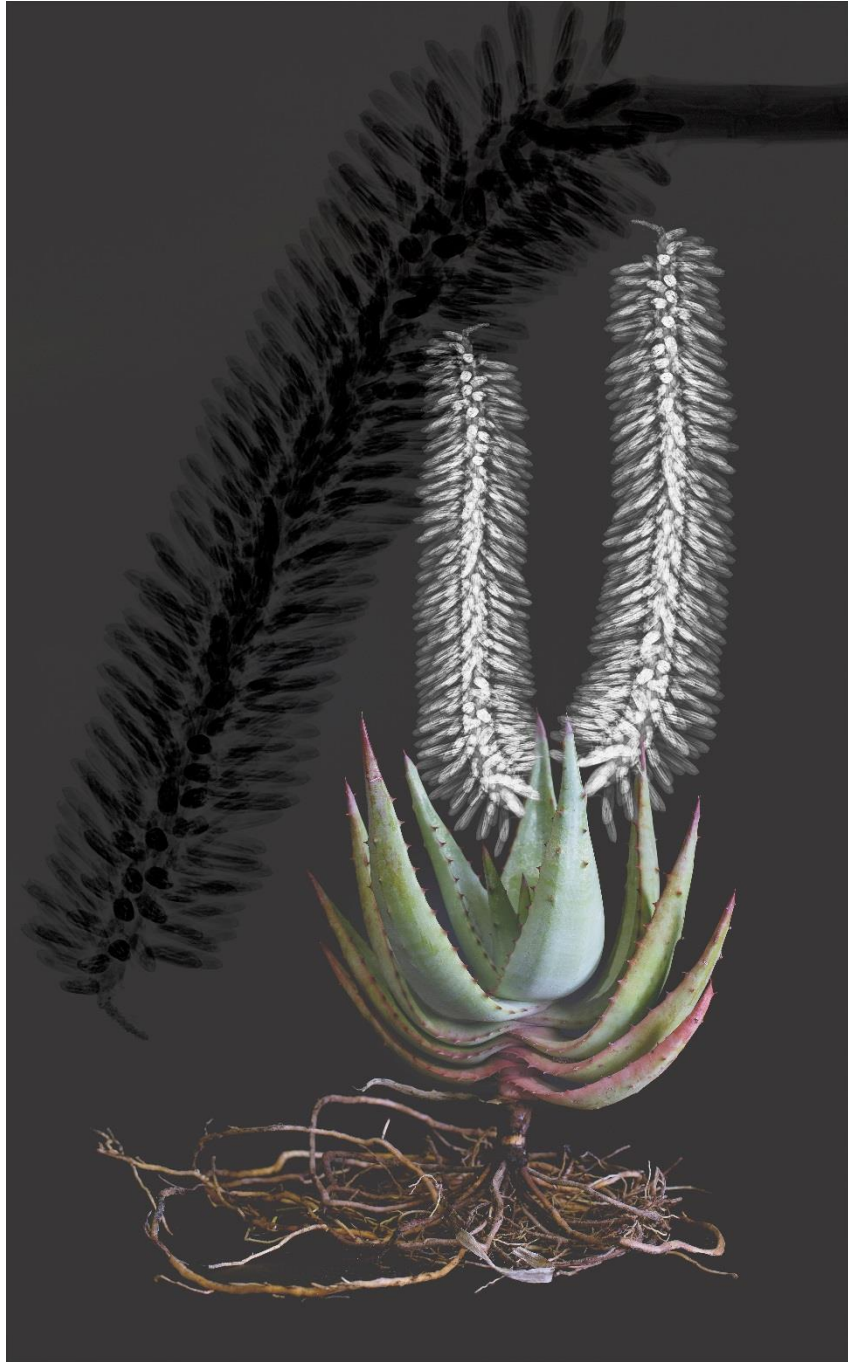






Agapanthus praecox (African lily)

For avariciousness and poverty consciousness, an over-identification with possessions and the material dimension, for those who have money issues in their lives, hoarding what they have, feeling that there is never enough or feeling that their wealth makes them special and better than others. It is also for those who fear being deprived of physical resources. This essence allows abundance consciousness, an inner knowing that money is energy, that there is no limitation imposed from outside oneself, that one can have it all if one will open to receive it and that fear and avarice are a certain way to keep oneself in short supply.





Aloe ferox (Cape aloe)

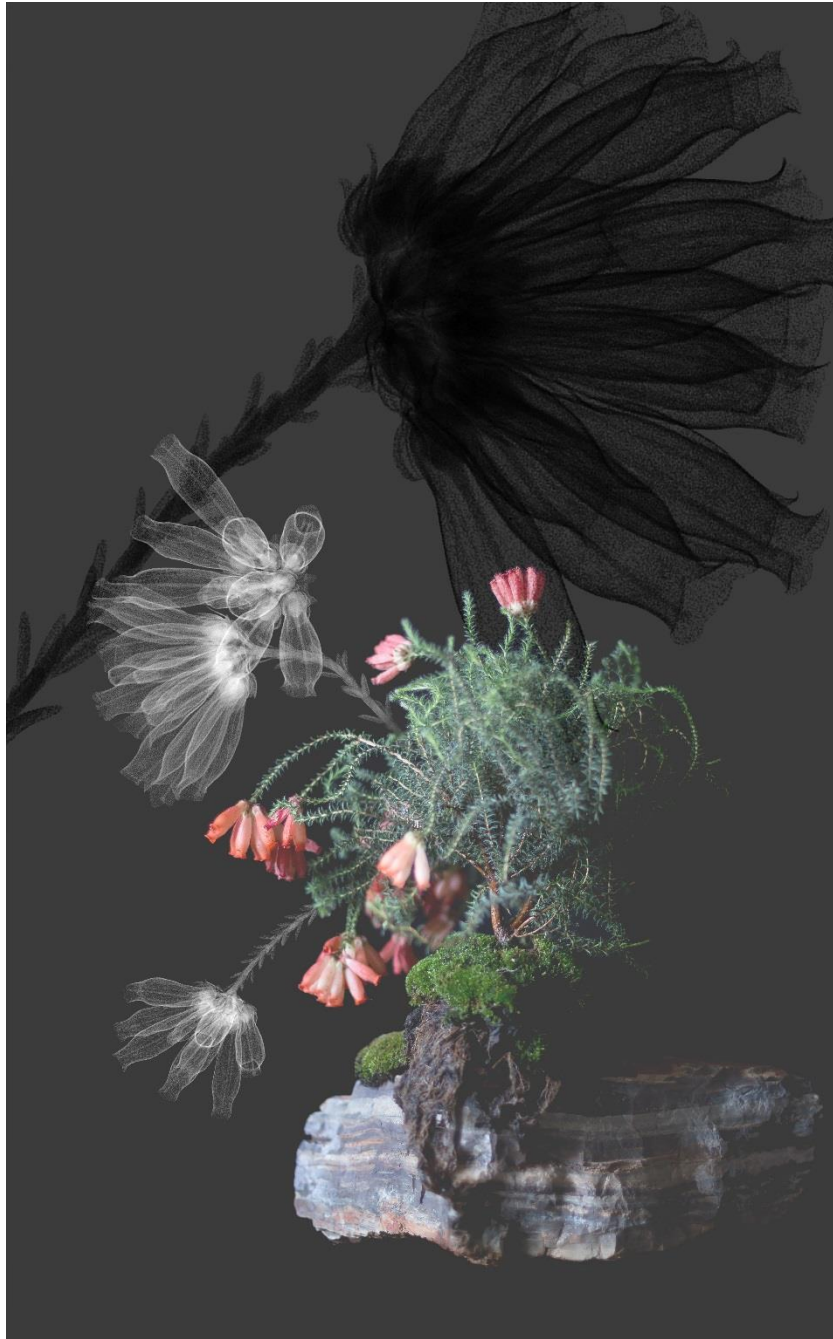
For envy, jealousy, greed, lust for power over others, aggressiveness, competitiveness, a disproportionate amount of energy directed towards I issues. For those who are bitter that others are apparently better off than they are. These are issues that relate to the first and second chakras and this essence balances these chakras with the crown and throat chakras thus bringing through a sense of altruism, the ability to put the needs of others before one's own, where appropriate, and to rejoice in others' good fortune.





Watsonia borbonica (Cape bugle lily)

This essence stills the mind, brings clarity and focus when one feels dissipated and pulled in all directions simultaneously. For those who are unable to say no or establish boundaries with others, who lives their lives doing what others think they should. It assists in discovering what is important for self-fulfilment, centring one and creating inner space where one's personal dreams and positive ambitions may be discovered.



IV

Erica cerinthoides (Fire heath)

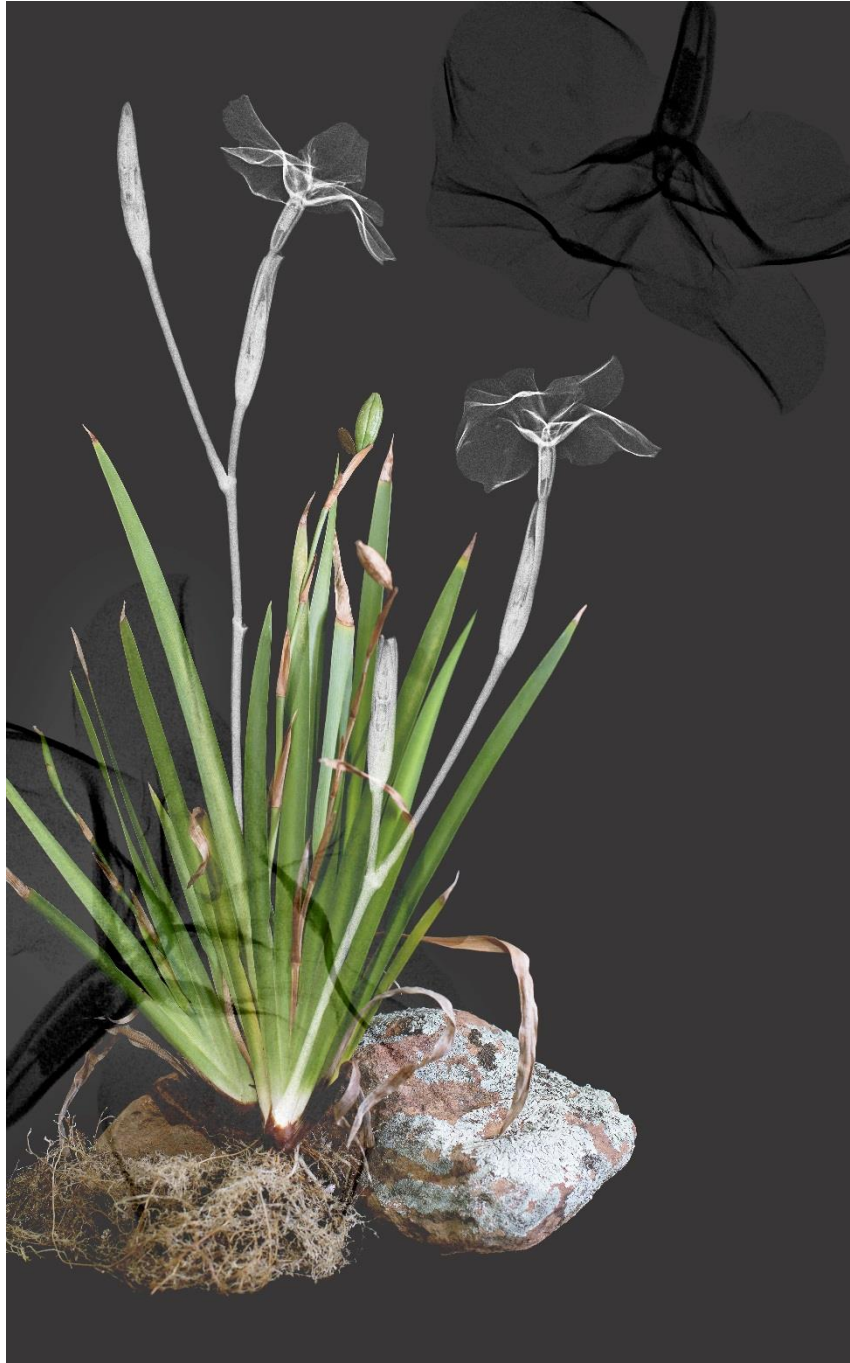
For hypochondria, for those who manifest physical ailments on an ongoing basis out of a need to control and keep others bound to them, punishing themselves with physical suffering in the process, for self-inflicted pain and for psychosomatic illnesses which are aimed at holding the energy and attention of others. This essence allows healing of the shame which lies at the root of this pattern of behaviour and brings a sense of self-worth and self-sufficiency. It allows one to feel grounded and supported by the Earth.





Nymphaea capensis (Cape blue waterlily)

This essence relates to the heart. It is indicated for those who cope with pain and deep emotions by numbing themselves to feelings, who hide behind a mask of indifference, for those who handle stress by refusing to react, by denying what is happening. It allows vulnerability, contact with real, previously hidden, emotions and a feeling of being connected to others.



VI

Dietes grandiflora (Wild iris)

For those who are frustrated, bowed down by the demands of daily life and the material world, out of touch with their creativity, who find the idea that we create our own reality so frightening that it must be rejected. We are all creators who create the vision, which we then manifest. We hold the power to change the vision, to paint the picture of the future as we wish it to be and to bring it into physical manifestation. This essence allows the free flow of inspiration, raising the level of consciousness to one of beauty and hope, empowering one to become the visionary and the dream-weaver, filled with joyful energy, creativity and anticipation.



VII



Zantedeschia aethiopica (Arum lily)

For an imbalance in yin/yang energy. This essence assists in strengthening the sense of self and of individuality, enabling one to know oneself and to act from a sense of personal power. It brings clarity of focus, empowering one to clear confusion, resolve personal conflicts, harness the energy of the psyche, become self-motivated and move forward confidently.



VIII



Amaryllis belladonna (Belladonna lily)

For powerless anger and rage which make logical, rational thought impossible, for uncontrollable temper, for the misuse of anger and for the desire to blame and punish. Anger is a potent tool for transformation. To ensure that it is not used destructively, it must be appropriately expressed. This remedy centres one for appropriate action and restores one's sense of benevolence. When anger is the root emotion, that is when every other emotion ultimately leads back to anger, this essence is the key remedy, as it allows healing of the underlying cause. It is useful for violent rages in children.





Clivia miniata (Bush lily)

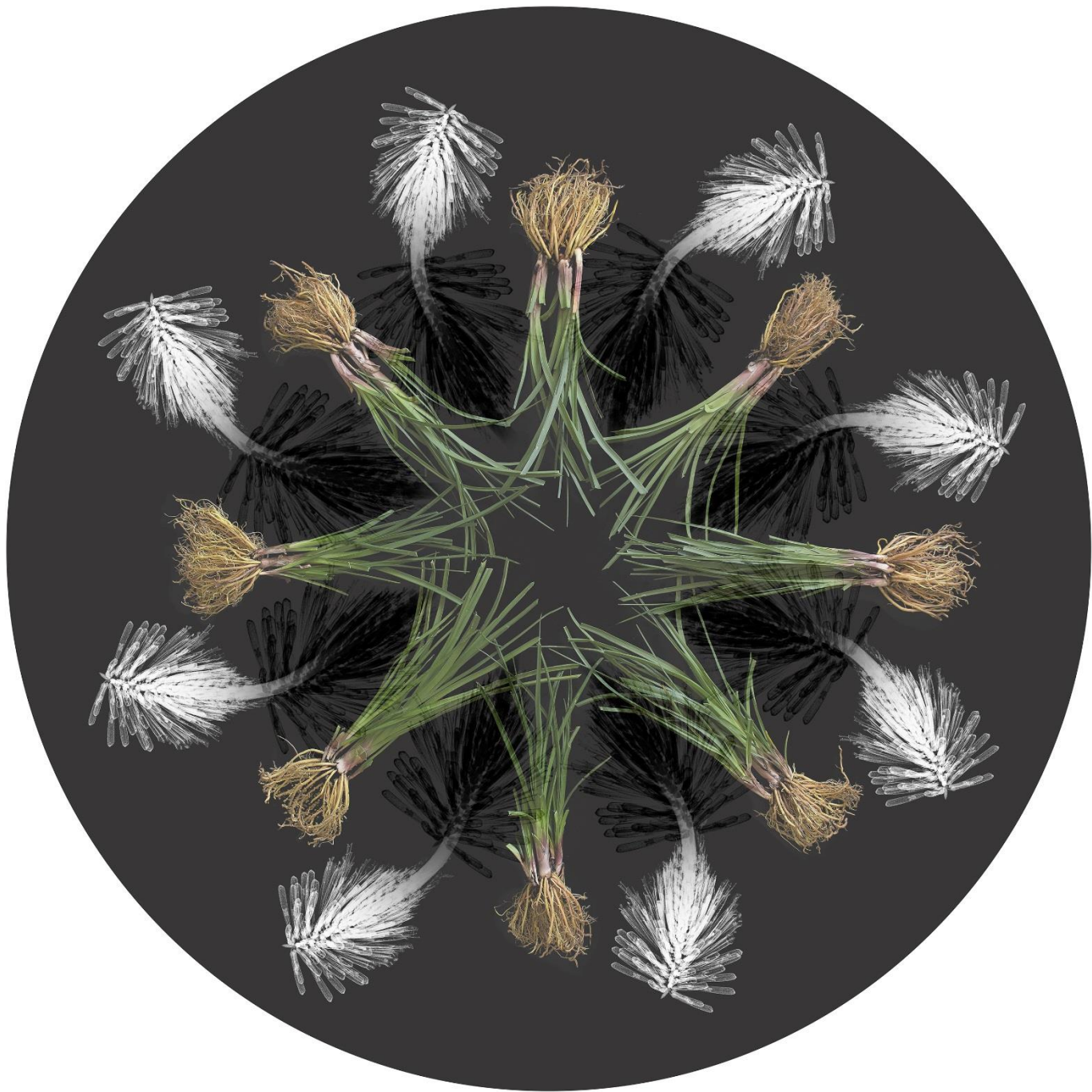
For fearful anticipation of danger or problems for loved ones, uncontrollable thoughts of catastrophe, irrational or obsessive anxiety about the safety and well-being of others. For those who have an overdeveloped sense of responsibility. In a world where our thoughts, feelings, beliefs and attitudes play such a vital role in creating our reality, fear and negative thoughts are very destructive. This essence facilitates caring for others with inner strength, calmness and trust in the ability to hold loved ones in thoughts of health, protection and expectation of safety.





Protea cynaroides (King protea)

All human beings have creative potential. Our destiny is to be co-creators with the Divine. Due to a variety of factors, such as the educational system and modern society which heap scorn and negativity upon children's creative ideas, this potential is often buried, crushed or blocked. For those who feel dull, lacking in vital forces and out of touch with their creative energy, this essence clears the chakras, simultaneously activating the will and harnessing the spiritual forces, in order to allow the free flow of creativity.





Kniphofia uvaria (Red hot poker)

For those who have been abused physically, emotionally or mentally and in whom this abuse has resulted in the inability to feel. Where the door has been slammed on open communication, trust and the warm interchange that occurs between individuals, where the ability to reach out to others is absent and where one has retreated to some cold fortress deep within oneself. This essence breaks down the barriers and opens one up to warmth and caring from others so that healing can occur.



XII

Strelitzia reginae (Bird of paradise flower)

The visionary essence. For feeling stuck, for indecisiveness, vacillation, dithering, endless deliberation, feeling torn between two possibilities, unable to make choices, for procrastination, fear of the future, feeling powerless to decide and doubting one's own ability. This essence stimulates the will forces, bringing clarity of purpose, conviction, an inner knowing, boldness—cutting through indecision and stagnation. It imparts the ability to stay with the polarities of paradox and find resolution, to hold the vision with intent and focus, discover one's destiny and bring about manifestation.

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